

2024 Grand Nationals

Presented by the



U.S. Association of Martial Artists

USAMA Five Star ***** Event

March 1-3, 2024

New Location: Isleta Resort & Casino

just south of Albuquerque, New Mexico

For Reservations: Call 1-505-724-3800 * Special Discount Code: USM0324

*** OPEN TO ALL SCHOOLS AND STYLES ***

Competition – Saturday & Sunday: Forms, Weapons,

Point Sparring, Team Sparring, Chanbara

Take Down Sparring (TDS), & Koshiki (Armored Sparring)

Friday - Martial Arts Seminars/Symposium!

Friday Evening - National Annual Awards Banquet & Party!

Saturday Evening – Kickboxing!

*** Sunday Evening - FINALS (Special Black Belt Kata Grand Champion Competition!)***



For more information contact Sue Hawkes

P.O. Box 8643, Albuquerque, NM 87198 * (505) 249-0991

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2024 USAMA Grand Nationals Tournament & Seminar Symposium

Schedule of Events



All Events will take place at the Isleta Resort & Casino

Thursday, February 29th

Meetings are in the Hotel's "Seminar Room"

2:00 pm - 3:00 pm	State Representatives Meeting (Schedule 2024 Events/Tournaments)
3:00 pm - 4:00 pm	Rules Committee Meeting (Review & Clarify Rules)
4:00 pm - 5:00 pm	Styleheads Meeting (Schedule 2024 Seminars)
5:00 pm - 6:00 pm	Executive Board Meeting
7:00 pm	Hawkes International Society Meeting (Note New Time!)

Friday, March 1st

9:00 am – 2:00 pm	Seminar & Tournament Registration – <i>Outside Rio Grande Room</i>
9:30 am – 3:00 pm	Seminars/Symposium - Seminars in Rio Grande Room
9:30 am – 10:15 am	Robert Bowles – Defensive Combos & Meridian Theories
10:30 am – 11:15 am	Larry Isaac – Bunkai & Combat Situations
11:30 am – 12:15 pm	Thanh Nguyen – Kata & Bunkai Variations
1:00 pm – 1:45 pm	Bruce & Ann-Marie Heilman – Bo Manipulation and Kata
2:00 pm – 2:45 pm	Michel Laurin – Koshiki Competition Preparation
4:30 pm – 5:30 pm	Kickboxing Competitors' Weigh-Ins – <i>Grand Ballroom</i>
5:30 pm	Social Gathering Prior to Banquet – <i>Outside Grand Ballroom A</i>
6:00 pm – 9:30 pm	National Awards Banquet – <i>Grand Ballroom A (Dressy Attire)</i>
9:30 pm – 11:00 pm	Social Gathering – Party! Celebrate! - Socialize & Dance to Live Music! USAMA's Live band! <i>Steve St. Pierre with Dylan Vargas & the Black Belt Band!</i> <i>Cash Bar Available*</i>

Saturday, March 2nd

Karate Competition in Grand Ballroom B & C

8:30 am - 1:00 pm	Tournament Registration – <i>Outside Grand Ballroom</i>
8:30 am – 10:00 am	Black Belt Meeting – <i>Boardroom</i>
	Judges/Referee Certification, Clinic, Ring Assignments – <i>Boardroom</i>
	Scorekeeper/Time Keeper Clinic & Ring Assignments – <i>Boardroom</i>
9:30 am	Medical Team Meeting – <i>Bosque Room</i>
10:00 am	Forms, Weapons, Take Down Sparring, & Koshiki Competition <i>Kickboxing Competition in Grand Ballroom A</i>
4:00 pm	Kickboxers - Check-in & Physicals
6:00 pm	Doors Open for Seating for Kickboxing Event
7:00 pm	Kickboxing Event Begins <i>*Cash Bar Available*</i>

Sunday, March 3rd

Karate Competition in Grand Ballroom

8:30 am – 11:30 am	Tournament Registration - <i>Outside Grand Ballroom</i>
9:30am	Referees/Judges/Scorekeepers Meeting & Ring Assignments – <i>Boardroom</i>
10:00am – 5:00pm	Sparring, Chanbara, & Team Sparring Competition
6:30 pm	Doors Open for Seating for Finals
	Finalists - Report Outside Ballroom to lineup
7:00 pm	Finals Begin – March in of Champions! Finals Include 10 Grand Champion Rounds of competition: <i>Black Belt Kata**, Black Belt Men Sparring, Black Belt Women Sparring, Black Belt Weapons, Adult Kyu Weapons & Kata, Youth Weapons, and Youth Beginning, Intermediate, & Advanced Kata Divisions!</i> <i>All Adult Black Belt Team Sparring Competition!</i>

**** Adult Black Belt Kata Grand Champion competitors perform three (3) different katas to determine winner!****



USAMA Grand Nationals Information!



Competitor Equipment/Attire:

Mandatory Forms & Weapons Attire: Must wear uniform which is **traditional** with respect to his/her style.

Mandatory Sparring Equipment & Attire: Martial arts uniform, Dipped Foam Headgear, Handgear, & Footgear (No Ringstar Shoes); Mouthpiece (Double mouthpiece for those with braces); Groin Protection (All males).

Mandatory Koshiki Gear: Martial arts uniform; Mouthpiece; Groin protection (All males); Shin Pads recommended. Headgear and Chest Protector will be provided at ring.

Mandatory TDS Equipment: Mouthpiece, Open Hand padded gloves, Shin Guards, & Caged Head Gear (A few Head Gear will be on hand to borrow, if needed.) Uniform, or mid-thigh shorts or longer, MMA shorts, or yoga pant; and Rash Guard or T-shirt. Women must also wear sport bra. Men must wear groin protection.

Prohibited items in Sparring, Chanbara, Koshiki, or Take Down Sparring: For the safety of our competitors, **No** regular eye glasses (**safety glasses only**), **No** metal or hard plastic joint braces, plaster or fiberglass casts will be allowed. Medical devices must be approved by our medical personnel and Chief Referee.

Disqualification: A competitor may be disqualified for excessive contact, illegal techniques, & unsportsmanlike conduct and will not be entitled to a refund or allowed to fight in any further events that day. Coaches' and Spectators' unsportsmanlike conduct may also be cause for a competitor's disqualification.

Recommendation: Bring your own disinfectant wipes and hand sanitizer.

Judges & Officials Attire for Tournament:

Judges and officials, please wear either your traditional martial arts uniform, or dress pants/skirt with white shirt and blue sports jacket during the competition. We appreciate your **professionalism**.

"I can't wait to attend the banquet and see everyone dressed up! I always like the awards. Since you took 1st place, what are you going to say for your acceptance speech?"

Annual National Points & Awards Banquet:

Congratulations! to our top ten 2023 USAMA National Point Winners! Those in attendance will receive special personalized awards at the banquet on **Friday, March 1st, at 6:00 pm** (5:30 pm social gathering) in the **Grand Ballroom!** **Our first place point winners will be asked to say a few words upon acceptance of their award.** We will also be recognizing our top ten Teams of the Year and Instructors of the Year! **Be sure to be there and help your team celebrate!** **Banquet Tickets must be purchased by February 16th* in order to secure your seat at the banquet.** **No tickets available at door.** If you have **food allergies or dietary restrictions,** please E-mail us at points@usamartialartists.org by February 16th, and we will arrange for your meal. The attire for the banquet is **dressy**. After the banquet, the USAMA Band is going to help us Celebrate!! Dylan Vargas & the Black Belt Band featuring Steve St. Pierre will be playing for our entertainment while we all PARTY!! We look forward to seeing you all there!

USAMA's Band: **Steve St. Pierre**
featuring **Dylan Vargas** and
Charlie & Cindy Vargas!



"I'm going to stay and Party after the Banquet with the live band on Friday evening, it'll be a Blast!!"

USAMA's Annual National Awards Banquet

Friday, March 1, 2024

Social Gathering – 5:30 pm * Banquet – 6:00 pm * Celebration/Party – 9:30 pm
(Be sure to purchase Banquet Tickets by February 16th!)

USAMA's Live Band Plays for our Celebration After the Banquet!

Steve St. Pierre and Dylan Vargas & the Black Belt Band!!

Let's Party!



U.S. Association of Martial Artists

Grand Nationals Tournament Divisions



March 2 - 3, 2024

FORMS (KATA) DIVISIONS

Black Belt Men Masters (6th Dan & up)*
 Black Belt Men Executives (40 & over)
 Black Belt Men (2 div)**
 Black Belt Women Executives (40 & over)
 Black Belt Women
 Adult Kyu Executives
 (40 & over) (2 div)**
 Brown Belt Men
 Brown Belt Women
 Intermediate Men
 Intermediate Women
 Beg. Men (1st Three Belts)
 Beg. Women (1st Three Belts)
 16-17 Yr. old Beg, Int & Adv
 14-15 Yr. old Beg, Int & Adv
 12-13 Yr. old Beg, Int & Adv
 10-11 Yr. old Beg, Int & Adv
 8-9 Yr. old Beg, Int & Adv
 6-7 Yr. old Beg & Adv
 5 Yr. olds & under

SPECIAL NEEDS FORMS (KATA) DIVISIONS

(Non-Point Division)
 Adults (18 Yr. olds & up)
 17 Yr. olds & under

WEAPONS (KOBUDO) DIVISIONS

Black Belt Men (Masters, + 2 div)**
 Black Belt Women (2 div)**
 Adult Kyu (2 div)**
 14-17 Yr. olds (Beg., Int., & Adv)
 10-13 Yr. olds (Beg., Int., & Adv.)
 9 Yr. olds & under (Beg. & Adv.)

SPECIAL NEEDS

WEAPONS (KOBUDO) DIVISIONS

(Non-Point Division)
 Adults (18 Yr. olds & up)
 17 Yr. olds & under

SPARRING (KUMITE) DIVISIONS

Black Belt Men (Masters, Exec., Lt Wt.,
 Mid Wt., & Hvy Wt.)
 Black Belt Women (2 div)**
 Adult Kyu Executive Men
 (40 & over) (2 div)**
 Adult Kyu Executive Women
 (40 & over) (2 div)**
 Brown Belt Men
 Brown Belt Women
 Intermediate Men
 Intermediate Women
 Beg. Men (1st Three Belts)
 Beg. Women (1st Three Belts)
 16-17 Yr. old Males Beg, Int & Adv
 16-17 Yr. old Females Beg, Int & Adv
 14-15 Yr. old Males Beg, Int & Adv
 14-15 Yr. old Females Beg, Int & Adv
 12-13 Yr. old Males Beg, Int & Adv
 12-13 Yr. old Females Beg, Int & Adv
 10-11 Yr. old Males Beg, Int & Adv
 10-11 Yr. old Females Beg, Int & Adv
 8-9 Yr. old Males Beg & Adv
 8-9 Yr. old Females Beg & Adv
 6-7 Yr. old Beg & Adv
 5 Yr. olds & under

TEAM SPARRING DIVISIONS

(Non-Point Division)
 (3 Person Teams - 1 Female & 2 Males)
 Adult Black Belts (18 Yr. olds & up)
 (2 Person Teams - 1 Female & 1 Male)
 Adult Kyu
 16-17 Yr. olds Beg. & Adv
 14-15 Yr. olds Beg. & Adv
 12-13 Yr. olds Beg. & Adv
 10-11 Yr. olds Beg. & Adv
 8-9 Yr. olds Beg. & Adv
 7 Yr. olds & under (Any Mix of Boys & Girls)

CHANBARA DIVISIONS

(Equipment provided)
 Black Belt Men & Women
 Adult Kyu Men
 Adult Kyu Women
 16-17 Yr. olds
 14-15 Yr. olds
 12-13 Yr. olds (2 div)**
 10-11 Yr. olds (2 div)**
 8-9 Yr. olds (2 div)**
 7 Yr. olds & under

KOSHIKI (ARMORED MULTI-POINT SPARRING) DIVISIONS ***

(Equipment provided)
 Black Belt Men
 Adult Kyu Men
 Adult Women
 14-17 Yr. olds (2 div)**
 10-13 Yr. olds (2 div)**
 8-9 Yr. olds
 7 Yr. olds & under

TAKE DOWN SPARRING (TDS) DIVISIONS ***

Black Belt Men
 Adult Kyu Men (2 div)**
 Adult Women (2 div)**
 14-17 Yr. olds (4 div)**
 10-13 Yr. olds (4 div)**
 9 Yr. olds & under (3 div)**

SPECIAL NEEDS FLAG SPARRING DIVISIONS

(Non-Point Division)
 Adults (18 Yr. olds & up)
 17 Yr. olds & under

Notes: * Minimum of 3 competitors to make a division.

*** These divisions are determined by age, weight, size, and/or belt level upon discretion of promoter.

Adult Kyus are Competitors 18 years or older and under the rank of Black Belt.

Sanctioned by:

5 ★★★★★ Star
 USAMA
 National Points



USAMA Kickboxing
 Saturday, March 2nd

2024 USAMA SEMINAR SYMPOSIUM

FRIDAY, MARCH 1, 2024



THANH NGUYEN

Topic: Kata & Bunkai Variations

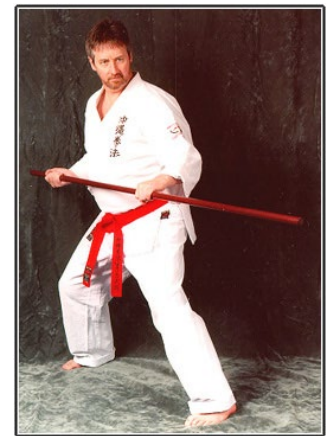
Time: 11:30 am – 12:15 pm



**C. BRUCE HEILMAN &
ANN-MARIE HEILMAN**

Topic: Bo Manipulation & Kata

Time: 1:00 pm – 1:45 pm



ROBERT BOWLES

**Topic: Defensive Combos &
Meridian Theories**

Time: 9:30 am – 10:15 am



2024 USAMA SEMINAR SYMPOSIUM

FRIDAY, MARCH 1, 2024



LARRY ISAAC

Topic: Bunkai & Combat Situations

Time: 10:30 am – 11:15 pm

MICHEL LAURIN

**Topic: Koshiki Competition
Preparation**

Time: 2:00 pm – 2:45 pm



Plan Now to Attend these Outstanding Seminars!

**They All Take Place at Isleta Resort & Casino
on Friday, March 1st**

Be ready to workout with extraordinary martial artists.

One Seminar just \$45 * All Seminars just \$175!



U.S. Association of Martial Artists

Grand Nationals Tournament & Seminar Symposium

March 1 – 3, 2024 * * Albuquerque, New Mexico



Entry Form

NAME _____ Competitor's AGE on March 2, 2024 _____

ADDRESS _____ APT _____ CITY _____ STATE _____ ZIP _____

TIME IN MARTIAL ARTS: _____ YEARS _____ MONTHS _____ SEX ^{Circle} M / F PHONE: _____

*USAMA MEMBER # _____ BELT RANK (Color, or Dan Level, if applicable): _____

SCHOOL _____ INSTRUCTOR _____

E-MAIL ADDRESS _____

Please Register me for the following:

INDIVIDUAL COMPETITOR EVENTS:

_____ Forms (Kata) Special Needs Div: _____

_____ Sparring (Kumite) Special Needs Div: _____

_____ Weapons (Kobudo) Special Needs Div: _____

_____ Chanbara

_____ TDS (Take Down Sparring)

_____ Koshiki (Armored Multi-Point Sparring)

Individual Events Registration At Door	
One or Two Events	\$115
Three or Four Events	\$125
Five or Six Events	\$119



Total for Individual Events: \$ _____

Please Register me for the following:

TEAM EVENTS:

_____ Team Sparring

Team Registration At Door
\$15 per Person

Total for Team Events: \$ _____

Waiver: I understand that karate is a contact sport. I am aware that I am participating in an activity which involves physical contact and injuries may occur which may potentially involve Covid & other virus contact, bodily harm or even death and do so at my own risk. I waive any claim or cause of action I may have against the promoters of the tournament, Sue Hawkes, the Isleta Resort & Casino, the judges, tournament personnel, other competitors, seminar instructors, PKRA and the U.S. Association of Martial Artists Inc. that may arise out of my participation in this tournament and/or seminars. I further agree to indemnify and hold harmless the promoter, Sue Hawkes, the Isleta Resort & Casino, the judges, tournament personnel, seminar instructors, PKRA, and the U.S. Association of Martial Artists Inc., for any injuries, sickness, Covid & other viruses, or damages which may arise due to my participation in the tournament and/or seminars. I state that I do not suffer from Covid or any virus symptoms, and/or physical and/or mental conditions which may affect my participation in this tournament. I further agree to conduct myself in a sportsmanlike and safe manner and understand if I fail to do so, I may be disqualified from the tournament and not entitled to a refund. I also hereby give permission to medical personnel to administer First Aid or Emergency Treatment if, in their opinion, it becomes necessary. I hereby grant the U.S. Association of Martial Artists, Inc. ("USAMA") permission to use my likeness in a photograph, video, or other digital media ("photos") in any and all of its publications, including web-based publications, without payment or other consideration. I understand and agree that all photos will become the property of the USAMA. I agree to comply with the local public health orders. I understand that the event schedule is subject to change to comply with public health orders. I realize no refunds will be given for this event.

Competitor's Waiver Signature ** _____ Date _____

**(Parent or guardian must sign if under 18)

Total for Individual Competitor Events Total: \$ _____

USAMA Members: <Discount> *Current USAMA Member Competitor Discount **(-\$10.00)** Less: \$ - _____

Total for Team Events Total: \$ _____

Number of **One Day** Spectator Passes (4 to 9 yrs.) _____ X \$5.00 Circle One: Sat. or Sun. Total: \$ _____

Number of **One Day** Spectator Passes (10 yrs. & up) _____ X \$15.00 Circle One: Sat. or Sun. Total: \$ _____

Number of **Two Day** Spectator Passes (4 to 9 yrs.) _____ X \$10.00 Total: \$ _____

Number of **Two Day** Spectator Passes (10 yrs. & up) _____ X \$25.00 Total: \$ _____

Number of **Two Day Video Passes** (Includes Spectator Fee) (Allows Limited Ring-Side Access Except During Finals) _____ X \$40.00 Total: \$ _____

Total for Seminar/Symposium (From Back of Form) (Select Seminars on Back) Total: \$ _____

Kickboxing Spectators General Admission # of Tickets _____ X 35 = Total: \$ _____

Ringside Seating # of Tickets _____ X 60 = Total: \$ _____

Reserved Seating # of Tickets _____ X 55 = Total: \$ _____

Payment Enclosed: (Make Check or Money Order Payable to "USAMA") ... (No Checks at Door) **Total: \$ _____**

